



Stepping Out Residential Breaks Application Form

Please be aware that places are limited and applying does not guarantee you a place. We will inform you as soon as possible of the application outcome. All information is treated with confidentiality and is used for allocating places and monitoring the service.

Name: _____ Date of Birth: _____

Address: _____

_____ Gender: Male / Female / Other

Postcode: _____ Tel.No: _____

Mob. No. _____ Email: _____

Tell us about your caring role? (Who do you look after? What illness or disability do they have?) _____

Have you been on a Stepping Out Break before? Yes No

Date & Venue of last Stepping Out break _____

How did you find out about Stepping Out short breaks? _____

Which Trip are you applying for a place on? (please state Trip & date for BOTH choices)

1st Choice _____

2nd Choice _____

Some Trips will involve organised physical activity. Please let us know if you have limited mobility, such as mobility issues or using stairs _____

All of our breaks are group activities, carers may have to share a room with another carer.

Any specific dietary restrictions _____

Please check you have fully completed all sections of the application form before signing.

Signed : _____ Dated : _____

NOTE: Carers who look after a person in a long term care setting can still apply for a place.