



# WANDERWOMEN OVERNIGHT RETREATS

 **TWO OVERNIGHT CAMPING EXPERIENCES  
FOR FEMALE CARERS:**



**THURSDAY 12<sup>TH</sup> - FRIDAY  
13<sup>TH</sup> JUNE**

**BLINKBONNY WOOD, EAST  
LOTHIAN (INCLUDES A 15KM  
HIKE & RESERVOIR SWIM.)**

**SATURDAY 16<sup>TH</sup> - SUNDAY  
17<sup>TH</sup> AUGUST**

**ARCHERFIELD, EAST  
LOTHIAN (INCLUDES A  
10KM HIKE & SEA SWIM.)**



**BOTH OVERNIGHT RETREATS INCLUDE AN EVENING MEAL  
AND BREAKFAST AND TENTS ARE PROVIDED. SLEEPING  
MATS & SLEEPING BAGS CAN BE PROVIDED IF NEEDED.**

**FOR MORE INFORMATION & TO REGISTER YOUR INTEREST PLEASE  
CONTACT CARE 4 CARERS:**

**EMAIL - [STILLCARING@CARE4CARERS.ORG.UK](mailto:STILLCARING@CARE4CARERS.ORG.UK)**

**TEL: 0131 661 2077**