

Edition #13

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June 2025

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Supporting people who care for others

YOUR CARE 4 CARERS NEWSLETTER



STILL CARING - BEACH FORAGING MAY 2025

CARE 4 CARERS SERVICE UPDATES

Welcome to the June edition of our Care for Carers e-newsletter. This month we are proud to highlight **Carers week**, running from 10th - 16th June. The theme '**Caring about Equality**' highlights the need to ensure all carers, regardless of their background or circumstances, have equal access to support, recognition and opportunities.

We are holding a special event along with our charity partner Macmillan Cancer Support at the Edinburgh Playhouse on Tuesday 11th June to mark this week. A flyer has been included along with this newsletter, please use this link to book a ticket: <https://www.eventbrite.com/e/carers-week-open-day-with-care-for-carers-and-macmillan-cancer-support-tickets-1374226120319?aff=oddttdtcreator>

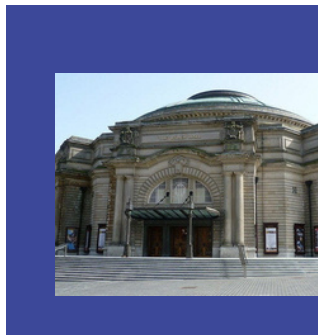
We look forward to seeing you if you can come along on the day between 10.30am and 2pm. Refreshments will be provided.

WANDERWOMAN OVERNIGHT RETREAT

There is an updated flyer included with your newsletter with information about a date change for an overnight Wanderwoman event for female carers. Please contact us for more information and to register your interest: stillcaring@care4carers.org.uk or call **0131 661 2077**.



MORE SERVICE UPDATES & SUPPORT AVAILABLE >>>



◀◀◀ **AN EVENING OF MUSIC AT THE USHER HALL**

We have a limited number of tickets for **'Capella Edina - Celebrate Edinburgh 900'** at the **Usher Hall on Thursday 26th June**.

These tickets are for carer & cared for person to come together, however please note that we do not unfortunately have any wheelchair spaces or accessible seats.

Join us for "Celebrate Edinburgh 900", a joyful concert featuring a programme of music that bridges tradition and celebration. Enjoy the sweeping beauty of works by the infamous Strauss family, including The Beautiful Blue Danube and the Radetzky March, alongside beloved Scottish tunes like Highland Cathedral and The Bonnie Banks of Loch Lomond. We are thrilled to welcome young folk pianist Amy Laurenson – BBC Radio Scotland's Young Traditional Musician of the Year 2023 – along with several other exceptional guest performers.

More information can be found here: <https://www.usherhall.co.uk/whats-on/capella-edina-celebrate-edinburgh-900-stalls>

CARERS TRUST - MONEY MATTERS



**CARERS
TRUST**

Carer Money Matters is a Carers Trust programme funded by four Gas Distribution Networks. Many carers are experiencing real financial difficulties because of their caring responsibilities. This is often due to having to give up paid work, or significantly reduce their paid working hours, so they can care for a family member at home. Sometimes difficulties arise unexpectedly, like when expensive adaptations need to be made at home for the person being cared for. These pressures have been made worse in recent years due to the ongoing cost-of-living crisis and higher energy bills.

Resources are available to support you via the Carer Money Matters Programme. A link and further information can be found here:

https://carers.org/carers-money-matters/carers-money-matters?utm_campaign=14996567_Carer%20Money%20Matters%20-%20Free%20Carer%20Resources%20%E2%80%93%20Be%20Ready%20for%20Carers%20Week%21&utm_medium=email&utm_source=Carers%20Trust&dm_i=I34,8XFFB,AWKFU8,118CUV,1

Please contact us if you would like to discuss this support further.

If you no longer wish to receive our newsletter, please scan the QR code (right) to unsubscribe. Alternatively, please call 0131 661 2077 or email office@care4carers.org.uk or use our FREEPOST address: FREEPOST Plus RTXB-UUCY-EHBU Care for Carers 151 London Road, Edinburgh EH7 6AE

