

DATE CHANGE!

SATURDAY 23RD AUGUST - SUNDAY 24TH AUGUST

JOIN WANDERWOMAN & CARE 4 CARERS FOR AN OVERNIGHT FEMALE CAMPING RETREAT AT BLINKBONNY WOOD SITUATED IN THE GORGEOUS EAST LOTHIAN COUNTRYSIDE.

WILL INCLUDE A 15KM (10 MILE) HIKE, RESERVOIR **SWIM AND RELAXING BACK AT THE CAMPSITE**



THE OVERNIGHT RETREAT INCLUDES AN EVENING MEAL AND BREAKFAST AND TENTS ARE PROVIDED. SLEEPING MATS & SLEEPING BAGS CAN BE PROVIDED IF NEEDED.

FOR MORE INFORMATION & TO REGISTER YOUR INTEREST PLEASE CONTACT CARE 4 CARERS:

EMAIL - STILLCARING@CARE4CARERS.ORG.UK

TEL: 0131 661 2077



















