

Edition #14

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July 2025

Email Us:


## YOUR CARE 4 CARERS NEWSLETTER

Short Breaks Enquiries:  
stillcaring@care4carers.org.uk

 facebook.com/care4carersedinburgh

*Supporting people who care for others*

Stepping Out:  
steppingout@care4carers.org.uk

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### STEPPING OUT - ISLE OF ARRAN JUNE 2025

## CARE 4 CARERS SERVICE UPDATES

Welcome to the July edition of our Care for Carers e-newsletter. We're delighted to let you know that we made an application to the Scotmid Member Choice award and we have been short-listed to receive an award which can be voted on in-store until the end of July 2025. The project with the most votes will be crowned "Member Choice" and receive £5,000, while all other shortlisted groups will receive £1,000.



During this time we would like to ask you to support us by joining Scotmid as a member using this link:

<https://scotmid.coop/membership/application-form/>

You can then find your local store using this link:

<https://scotmid.coop/store-locator/>

and ask to swipe your card to choose Care for Carers as your chosen charity.

Groups crowned "Member Choice" in the coming year will present their project to members at the regional AGM in spring 2026 for the chance to be awarded a further £5,000.

**MORE SERVICE UPDATES & SUPPORT AVAILABLE >>>**

## **EDINBURGH FESTIVAL TICKETS >>>**

Care for Carers has been offered some complimentary tickets for a few Fringe Shows during the Edinburgh Festival. The details of these shows are below - please contact us on 0131 661 2077 or email: [stillcaring@care4carers.org.uk](mailto:stillcaring@care4carers.org.uk) to register your interest in these. We also have access to a site where you can book free fringe tickets for a whole range of shows, contact us for further information.



### **1. Olivia Raine Atwood: Oops**

- Genre: Comedy - About: Professional matchmaker Olivia Raine Atwood offers a hilarious, behind-the-scenes look at her day job playing Cupid for an international dating app. She embodies clients and re-enacts real Zoom calls, dishing out tips to singles. Olivia is also seeking her own perfect match. Praised as "riotous" by Time Out New York.

### **2. Olivia Raine Atwood: Faking It**

- Genre: Theatre - About: This electric comedy tells the true story of Liv's classified mission evaluating NYC hospitals in 2020, where she posed as Patient 0. Praised for "terrific storytelling", this hit show toured globally in 2024.

### **3. Aoife Parr's Anatomy of Pain**

- Genre: Theatre - About: An unflinching drama exploring the UK's healthcare system through Alex, a young person battling Ehlers-Danlos Syndrome (EDS) and initially dismissed as 'fabricated'. It highlights chronic illness's devastating impact on identity and relationships, and systemic issues like ageism and sexism within the system.

### **4. Natalie Grove's Jello Brain**

- Genre: Solo Show - About: A poignant solo show by Natalie Grove exploring Alzheimer's as her mother moves into memory care, grappling with fears about her own brain health. It reflects on the brain's robustness and fragility.

### **5. Ritika Shrotri's The Light Catcher**

- Genre: Solo Play - About: The first Indian solo play at the Fringe! A celebrated photographer searches for her favourite photograph by revisiting portraits of women from around the globe. Ritika Shrotri transforms into 10 dynamic characters, bringing their heartwarming and hard-hitting stories to life. It has won seven awards, including Best Play.

### **6. Thorn and Petal Stick: UnScripted Shakespeare**

- Genre: Improv - About: A fully improvised narrative play performed in the style of William Shakespeare, based on an audience-provided title. Veteran improvisers create a delightful comedy with love, marriage, scheming, and mistaken identities, all in Elizabethan language and accompanied by live piano.

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