

Edition #16

Care 4 Carers
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Oct/November 2025

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YOUR CARE 4 CARERS NEWSLETTER

Supporting people who care for others



THE EDINBURGH KILTWALK - THE KILTIED CARERS

CARE 4 CARERS SERVICE UPDATES

READ MORE >>>

Welcome to your new edition of the Care for Carers newsletter. We are pleased to share the new Still Caring Winter Programme along with your newsletter. Please take your time to read over the events and workshops and if you would like to register your interest in attending an event please call us on: 0131 661 2077 or email: stillcaring@care4carers.org.uk

STILL CARING
WINTER
PROGRAMME

CARE FOR CARERS AGM

<<< ANNUAL GENERAL MEETING

You are invited to join Trustees, Volunteers and Staff to hear more about what Care for Carers has achieved over the past year. Share your views and hear more about our services at our Annual General Meeting on Thursday 20th November at 11.30am in G5 at St Margaret's House.

Lunch and refreshments will be provided following the meeting (please advise us on any dietary requirements).

RSVP: By Friday 7th November 2025 by calling the office on 0131 661 2077 or email: stillcaring@care4carers.org.uk

If you wish to join via Zoom please let us know so that we can send you the link in advance.

Please note: The content of this newsletter is for general purposes. Care for Carers does not provide recommendations about the organisations or services we share within this newsletter. Due to funding cuts to Edinburgh services we have had to review how we communicate with carers. We will continue to provide regular newsletters but hard copies are now only sent with specific programmes, unless you are not digitally connected.

READ MORE >>>



The fantastic Kilted Carers team successfully completed the Kiltwalk on Sunday 14th September and have raised £3595 as a team (pending Gift Aid claim). This funding will support Care for Carers to offer more Short Breaks to unpaid carers. Thank you to the team for their fundraising efforts and for everyone who donated to help them raise this great amount for us. Well done for all your efforts it was a great challenge!

SCOTMID MEMBER CHOICE >>>

We have further good news to share with you. Care for Carers was successful in being chosen to receive the Scotmid Member Choice Award of £5000 which will also offer more Short break funding for unpaid carers. Thank you to everyone who voted for us! We appreciate your support.



CARERS ALLOTMENT



We held our first planning meeting recently to discuss the development of an exciting new opportunity for carers as we have been kindly offered an allotment at Craigentenny Telferton Allotments. Don't worry if you didn't manage to attend the meeting there is plenty time to get involved. If you have not already registered your interest in volunteering to maintain the Allotment please get in touch to discuss further and dates of when we hold our sessions at the Allotment.

Monthly Drop In Dates held on the 1st Saturday of each month -

1st November, 6th December and 7th February - 10am-12 Noon. Please let us know if you would like to attend.

MONTHLY CARE FOR CARERS SUPPORT GROUP <<<

We continue to offer a monthly Carer Support Group at St Margaret's House. This is held on the first Thursday of each month from 1.30pm-3pm. This offers the opportunity to meet other carers and is attended by staff from our Carer Support Team. Please note this group is not a drop in, please register your interest in attending by calling us on: **0131 661 2077** or email: **stillcaring@care4carers.org.uk**

CARER SUPPORT GROUP

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